



First Name _____

Date of birth _____

Last Name _____

Referred by _____

Email Address _____

Phone # _____

Home Phone # _____

Date of initial visit _____

Street Address _____

City _____

State _____

Zip Code _____

Emergency contact name _____

Emergency phone # _____

Emergency contact relationship _____

How would you rate your general health?

- ☐ Excellent ☐ Good
☐ Fair ☐ Poor

Have you had a relaxation massage before?

- ☐ Yes (Date of last treatment) _____
☐ No

Please tell us about any allergies or hypersensitivities

List any major accidents or surgeries (including dates)

HEAD NECK

- ☐ Headaches / migraines ☐ Vertigo / dizziness
☐ Light Sensitivity

RESPIRATORY

- ☐ Asthma ☐ Cold or fever
☐ Covid ☐ Tuberculosis

CARDIOVASCULAR

- ☐ High blood pressure ☐ Low blood pressure
☐ Heart attack ☐ Stroke
☐ Heart disease ☐ Poor circulation
☐ Phlebitis / varicose veins ☐ Pacemaker
☐ Hemophilia ☐ ~~Blood Disorder~~ **Aneurysm**
☐ Congestive heart failure ☐ ~~Blood Disorder~~



NERVOUS SYSTEM

- | | |
|---|---|
| <input type="radio"/> Sensory loss / change | <input type="radio"/> Numbness / tingling |
| <input type="radio"/> Sciatica | <input type="radio"/> Epilepsy |
| <input type="radio"/> Seizures | <input type="radio"/> Multiple sclerosis |

SKIN & INFECTIONS

- | | |
|---|--|
| <input type="radio"/> Hepatitis | <input type="radio"/> HIV / AIDS |
| <input type="radio"/> Open Sores/Wounds | <input type="radio"/> Sunburn or windburn |
| <input type="radio"/> Rash | <input type="radio"/> Infectious skin conditions |

MUSCULOSKELETAL SYSTEM

- | | |
|--|--------------------------------------|
| <input type="radio"/> Arthritis | <input type="radio"/> Tendonitis |
| <input type="radio"/> Osteoporosis | <input type="radio"/> Jaw pain (TMJ) |
| <input type="radio"/> Bursitis | |
| <input type="radio"/> Pins / plates / wires / artificial joint | |

OTHER CONDITIONS

- | | |
|---|---|
| <input type="radio"/> Cancer | <input type="radio"/> Diabetes |
| <input type="radio"/> Fibromyalgia | <input type="radio"/> Metal Implants |
| <input type="radio"/> Under influence drugs | <input type="radio"/> Pregnant |
| <input type="radio"/> Tumor | <input type="radio"/> Under influence alcohol |

I understand that the relaxation massage w/LED Light Therapy I am consenting to is for the purpose of relaxation only.

I understand that I have read all of the contraindications listed under Relaxation Massage at myglobeautybar.com, and agree I have none of these issues.

I understand that a relaxation massage is not a substitute for a medical examination, diagnosis or treatment.

If at any point during the massage I am uncomfortable or uneasy with the relaxation massage techniques being administered and/or I am experience pain or discomfort, I understand it is my responsibility to IMMEDIATELY inform the esthetician so that the relaxation massage (or LED Light therapy) can be terminated or the pressure / techniques can be adjusted to a level of comfort.

I will notify my esthetician of any physical limitation(s), musculoskeletal system issues or health concerns I have prior to the massage.

I understand that I can provide feedback as to my personal preferences in regards to pressure (medium or light) and discuss painful or sensitive areas of my body that I would not want massaged.

I understand that I am able to ask questions during my relaxation massage. The esthetician is certified and will be happy to keep me well informed and comfortable.

I understand that any illicit or sexually suggestive remarks or advances will result in the immediate termination of the relaxation massage.

By signing below, I give my consent to participate in a relaxation massage with LED. I will not hold GLO Beauty Bar, LLC liable for any adverse reactions I experience from my relaxation massage and further certify that I have read and agreed to the terms listed above.

Signature: _____ Print _____ Date: _____